

## **2026 EXPAND Beyond Adaptive Waterski Volunteers**



### **Meghan Kesling, Program Coordinator**

Meghan started her journey with EXPAND in 2018 as an intern but loved the participants and programs so much she hung around as a part time staff supporting youth, teens, and camp programs with the dream of one day becoming a full-time staff. In November 2021 she was hired as a program coordinator. Dreams really do come true! Meghan received a Bachelor of Science in Recreation, Parks & Tourism Administration with an emphasis in Recreational Therapy from California State University, Sacramento. After her internship she worked in a high school supporting academic and behavior goals for teenagers. She received her CTRS in March 2020. Meghan runs a variety of programs in the areas of sports, camps, and fitness for EXPAND throughout the year. "Recreation has played such an important role in my upbringing and now I get to provide that same fun opportunity for community members!" When not at work, she likes to indulge in Colorado adventures such as mountain biking, snowboarding, hiking, and skateboarding.

### **Cory Lasher, Board Member, Shore Boss**



Cory worked for the City of Boulder EXPAND Program as a Therapeutic Program Coordinator for 24 years and retired in 2020. Through her 24-year career with EXPAND, Cory had coordinated fundraising events and was responsible for developing and promoting recreational opportunities for all ages and abilities. Recreational programs include the adaptive water-ski program, outdoor adventure, fitness, cultural arts, day trips, special events and a seven-week summer camp for youth and young adults with disabilities. In January of 2004, Cory developed and implemented a recreation/leisure program for adults with Mild Traumatic Brain Injury called Journeys through EXPAND. Cory has been on the EXPAND Beyond, Inc. board since March 2020 and continues to help coordinate this fabulous program after retirement as a volunteer.

### **Rodger Stewart, EXPAND Beyond, Inc. President & Boat Driver**



Rodger Stewart, with a BS in Mechanical Engineering from the University of Colorado, has over 40 years' experience in the medical device industry since starting with COBE Cardiovascular in 1977 and most recently completed 18 months as CEO of a venture backed medical device startup in Israel. Mr. Stewart retired in July of 2008 and has been focusing his efforts on giving back to the community. He is on the Board of Directors for Colorado *FIRST*, a Colorado 501(c)(3) focusing on STEM development in grades K-12, since June 2009. Mr. Stewart joined the Board of Directors for Expand Beyond in July 2010 and has been a volunteer boat driver for EXPAND since June 2009. He has been water skiing at Boulder Reservoir since 1985.

### **Brian "BJ" Sample, Board Member & Dock Boss**



Brian Sample graduated from Colby College with a BS in Sociology, moved to Colorado in 1997 and worked for Imagine! (Boulder Counties Community Centered Board). Brian staffed and managed homes for persons with developmental disabilities until 2005. Since then Brian has worked in the commercial and residential mortgage lending business and is currently an Asset Manager with Mercy Loan Fund. Brian is a certified adaptive snow sports instructor and has volunteered for Winter Park and Breckenridge adaptive programs since 1998. Brian has been a volunteer with EXPAND since June 1998.

### **Greg Singer, Board Member, Equipment Dude, Part-time Dock Boss, and General Goofball**



Greg has lived in the area since 1974 when he moved down from Fargo, ND. He attended school in the area and served in the Army following High School. Once he was discharged from military service Greg went back to school and earned an ASS in Electronics Technology and worked for StorageTek/Sun Microsystems until being laid off. He now works for Frontier Airlines as a Technical Writer. Greg has been involved with the Expand Adaptive Waterskiing program since 2000, first as a participant, and when he realized he could be more useful, began volunteering.

### **Shelly Fowler, Board Member & Dock Boss**



Shelly Fowler graduated from Indiana University, Bloomington with a Bachelor of Science in Recreation, specialization in Therapeutic Recreation and a minor in Psychology. Shelly earned her Certified Therapeutic Recreation Specialist (CTRS) in 1997 - present. She continued her education earning a Master of Arts in Teaching, Special Education, Specializations in Learning Disabilities and Behavior Disorders from National Louis University, Chicago, 2004. She moved to Colorado in 2005 to pursue a special education administration position within South Routt School District, South Routt Middle and High School. In 2008, Shelly moved to Boulder where she joined Boulder Valley School District, Boulder High School as a Special Education Teacher and Learning Specialist. To support her mission in creating holistic lifestyles for individuals with disabilities, Shelly designed, developed and opened a private practice, FourPoints in Boulder, CO, 2015. FourPoints provides therapeutic interventions in education, career, community, and recreation to encourage individuals to navigate independence. Shelly is actively involved in several adaptive sports organizations teaching alpine skiing, water skiing, sailing, and SCUBA diving. She spends her free time with her husband Dan, sailing, SCUBA diving, skiing, and enjoying the gift of life...recreation is her therapy.

### **Bill Schwab, Boat Driver**



I'm a native to Boulder. In 1977 my brothers put me on a styrofoam block at the Boulder Rez in early spring and let me go, the wind caught me, and I floated halfway across the lake until a canoe came and got me. My brother thinks that why I have such good balance having to learn at such a young age, I was 6. After high school I went into the Army Corps of Engineers, became a plumber, and worked as a contractor in Boulder for 20 years, buying properties along the way. Now I am focused on property investment, owning storage facilities and rental properties, and most of all spending time with my beautiful wife of 15 years and our two young girls who are 10 and 8.

### **Josh Jansen, Boat Driver, Jet-ski Driver and Rescue**



Josh is originally from Wisconsin and grew up boating with his family. While living there, he was a member of three different show ski teams over 15 years, and all of them hosted adaptive ski clinics. Shortly after moving to Colorado, Josh needed to satisfy his urge to get on the water. This led him to discover the EXPAND Beyond Program and he fell in love with it. Josh knows the therapeutic benefit of being on the water firsthand and he wants to help others to experience that too. Josh finds great satisfaction in getting someone out of their wheelchair, on to a sit ski, and watching their excitement of being free on the water. If he is not driving his boat, you can find him driving and/or jumping off a Sea-Doo, helping BJ on the dock, or on the shore giving Cory grief.

### **Becky Stewart, Quick Release**



Becky Stewart was born in California but moved to Colorado at the age of eight. After graduating from the University of Colorado with a BS in Sociology, she worked for over 20 years in Promotions at various radio and television stations in Denver. After retiring she has volunteered with the Boulder County Sheriff's Office as a Victim Advocate for 10 years, is still volunteering with BCSO in their Training Office, and has also volunteered with the Dive Pirates, a program which takes adaptive divers on SCUBA diving trips. Becky has been a volunteer with EXPAND since June 2009.

### **Mia Schwab, Jet-ski Driver, Starter & Rescue**



I have been volunteering with EXPAND since I was 11 years old and have always enjoyed it! I have been a part of the kids' sports program, Friday night fun, and Camp Amico. Ever since I was a baby, I have been going to the Boulder reservoir and spending many of my summer days there. I am now a lifeguard at the reservoir as well. I love water and all the fun that comes with it!

### **Mike Frailey, Equipment Set-up, Quick Release & Jet-Ski Driver**



Mike grew up in Michigan learning to waterski and operate a boat at an early age. He received his BSME and worked for Dodge truck, which brought him to Colorado on multiple vehicle development trips. He was inspired by the mountains, lifestyle and generous amounts of sun and moved to Boulder in 1997 with his 1982 Master craft in tow. He volunteered with EXPAND for 5 years in the late 1990s into the early 2000s. Now inspired by his own son with special needs and work-from-home flexibility, Mike is looking forward to sharing his love of the water and years of water sports experience with the EXPAND Beyond volunteers and program participants alike.

### **Sherri Brown, Quick Release, Equipment Set-up**



Sherri worked for EXPAND as a Therapeutic Program Coordinator for 25+ years and retired in 2020. She has been boating for 25 years and her love for sports and the water continues on, as well as her passion for the EXPAND Program. Sherri is always willing to help and will jump in whenever and wherever needed.

### **Steve Luiting, Equipment Set-up**



I was originally a native of Wisconsin and lived on the beach every Summer and I love the water. I have been doing work in Web Design for over 20 years with ten years working with both WordPress and Joomla content management systems. I am an artist and graphic designer as well. Since my wife, who helps run this program asked me to volunteer, how could I say no? Also, I acquired a Mild Traumatic Brain Injury in 2003 and know how instrumental these types of programs were in helping me to recover and I will always be grateful.

### **Chrissy Schwab, Quick Release**



I grew up outside of Boston, MA and moved to Boulder to study Biology at CU. While there I meet my husband, Bill, who introduced me to the Boulder Reservoir. I have been enjoying the "Rez" ever since learning to slalom ski, wake board and wake surf. Bill and my daughters have been volunteering for EXPAND for several years and now that I'm recently retired, I get to volunteer too!

### **Connor Bade, Starter, Rescue, PWC Driver**



I grew up on the west coast of Michigan and have been in watersports all my life. At the University of Michigan, I competed in slalom and trick on the Michigan Waterski Team. Since then, I have moved to Colorado and am still maintaining my relationship with lake life by both hopping back and forth between Colorado and Michigan in the summer and of course joining EXPAND! Outside of the water I am an active volunteer with other adaptive recreation organizations including facilitating and coaching climbing for Adaptive Adventures, and teaching Snowboarding for Ignite. I love helping make accessible all the outdoor recreation I value so much to those with adaptive needs and sharing the joy and lessons it brings.

### **John, PWC Driver**



### **Ashlyn, PWC Driver**



### **Henry, PWC Driver**



### **Arrissen, PWC Driver**



### **Rick, Quick Release**



**Jessica, Rescue, Starter, Quick Release**



**Arianna, Rescue, Starter**



**Teresa, Rescue, Starter**



**Amy, Rescue, Starter**



**Doug, Rescue, Starter**



**Woody Daly, Rescue, Starter, Dock Support**



**Chrissy, Quick Release**