

2023 EXPAND Beyond Adaptive Waterski Volunteers



Meghan Kesling, Program Coordinator

Meghan started her journey with EXPAND in 2018 as an intern but loved the participants and programs so much she hung around as a part time staff supporting youth, teen, and camp programs with the dream of one day becoming a full-time staff. In November 2021 she was hired as a program coordinator. Dreams really do come true! Meghan received a Bachelor of Science in Recreation, Parks & Tourism Administration with an emphasis in Recreational Therapy from California State University, Sacramento. After her internship she worked in a high school supporting academic and behavior goals for teenagers. She received her CTRS in March 2020. Meghan runs a variety of programs in the areas of sports, camps, and fitness for EXPAND throughout the year. "Recreation has played such an important role in my upbringing and now I get to provide that same fun opportunity for community members!" When not at work, she likes to indulge in Colorado adventures such as mountain biking, snowboarding, hiking, and skateboarding.

Cory Lasher, Board Member, Shore Boss



Cory worked for the City of Boulder EXPAND Program as a Therapeutic Program Coordinator for 24 years and retired in 2020. Through her 24-year career with EXPAND, Cory had coordinated fundraising events and was responsible for developing and promoting recreational opportunities for all ages and abilities. Recreational programs including the adaptive water-ski program, outdoor adventure, fitness, cultural arts, day trips, special events and a seven-week summer camp for youth and young adults with disabilities. In January of 2004, Cory developed and implemented a recreation/leisure program for adults with Mild Traumatic Brain Injury called Journeys through EXPAND. Cory has been on the EXPAND Beyond, Inc. board since March 2020 and continues to help coordinate this fabulous program after retirement as a volunteer.

Rodger Stewart, EXPAND Beyond, Inc. President & Boat Driver



Rodger Stewart, with a BS in Mechanical Engineering from the University of Colorado, has over 40 years' experience in the medical device industry since starting with COBE Cardiovascular in 1977 and most recently completed 18 months as CEO of a venture backed medical device startup in Israel. Mr. Stewart retired in July of 2008 and has been focusing his efforts on giving back to the community. He is on the Board of Directors for ColoradoFIRST, a Colorado 501(c)(3) focusing on STEM development in grades K-12, since June 2009. Mr. Stewart joined the Board of Directors for Expand Beyond in July 2010 and has been a volunteer boat driver for EXPAND since June 2009. He has been water skiing at Boulder Reservoir since 1985.

Brian "BJ" Sample, Board Member & Dock Boss



Brian Sample graduated from Colby College with a BS in Sociology, moved to Colorado in 1997 and worked for Imagine! (Boulder Counties Community Centered Board). Brian staffed and managed homes for persons with developmental disabilities until 2005. Since then Brian has worked in the commercial and residential mortgage lending business and is currently an Asset Manager with Mercy Loan Fund. Brian is a certified adaptive snow sports instructor and has volunteered for Winter Park and Breckenridge adaptive programs since 1998. Brian has been a volunteer with EXPAND since June 1998.

Greg Singer, Board Member, Equipment Dude, Part-time Dock Boss, and General Goofball



Greg has lived in the area since 1974 when he moved down from Fargo, ND. He attended school in the area and served in the Army following High School. Once he was discharged from military service Greg went back to school and earned an ASS in Electronics Technology and worked for StorageTek/Sun Microsystems until being laid off. He now works for Frontier Airlines as a Technical Writer. Greg has been involved with the Expand Adaptive Waterskiing program since 2000, first as a participant, and when he realized he could be more useful, began volunteering.

Shelly Fowler, Board Member & Dock Boss



Shelly Fowler graduated from Indiana University, Bloomington with a Bachelor of Science in Recreation, specialization in Therapeutic Recreation and a minor in Psychology. Shelly earned her Certified Therapeutic Recreation Specialist (CTRS) in 1997 - present. She continued her education earning a Master of Arts in Teaching, Special Education, Specializations in Learning Disabilities and Behavior Disorders from National Louis University, Chicago, 2004. She moved to Colorado in 2005 to pursue a special education administration position within South Routt School District, South Routt Middle and High School. In 2008, Shelly moved to Boulder where she joined Boulder Valley School District, Boulder High School as a Special Education Teacher and Learning Specialist. To support her mission in creating holistic lifestyles for individuals with disabilities, Shelly designed, developed and opened a private practice, FourPoints in Boulder, CO, 2015. FourPoints provides therapeutic interventions in education, career, community, and recreation to encourage individuals to navigate independence. Shelly is actively involved in several adaptive sports organizations teaching alpine skiing, water skiing, sailing, and SCUBA diving. She spends her free time with her husband Dan, sailing, SCUBA diving, skiing, and enjoying the gift of life...recreation is her therapy.

Bill Schwab, Boat Driver



I'm a native to Boulder. In 1977 my brothers put me on a styrofoam block at the Boulder Rez in early spring and let me go, the wind caught me, and I floated halfway across the lake until a canoe came and got me. My brother thinks that why I have such good balance having to learn at such a young age, I was 6. After high school I went into the Army Corps of Engineers, became a plumber, and worked as a contractor in Boulder for 20 years, buying properties along the way. Now I am just focused on property investment, owning storage facilities and rental properties, and most of all spending time with my beautiful wife of 15 years and our two young girls who are 10 and 8.

Josh Jansen, Boat Driver, Jet-ski Driver and Rescue



Josh is originally from Wisconsin and grew up boating with his family. While living there, he was a member of three different show ski teams over 15 years, and all of them hosted adaptive ski clinics. Shortly after moving to Colorado, Josh needed to satisfy his urge to get on the water. This led him to discover the EXPAND Beyond Program and he fell in love with it. Josh knows the therapeutic benefit of being on the water firsthand and he wants to help others to experience that too. Josh finds great satisfaction in getting someone out of their wheelchair, on to a sit ski, and watching their excitement of being free on the water. If he is not driving his boat, you can find him driving and/or jumping off a Sea-Doo, helping BJ on the dock, or on the shore giving Cory grief.

Ron Lever, Jet-ski Driver



Ron Lever is recently retired from the construction industry after 35 years as an owner of a subcontracting company specializing in commercial construction. As an avid water skier at the res from many years ago, I look forward to working with the skiers as well as the other volunteers and getting back on the water.

Becky Stewart, Quick Release



Becky Stewart was born in California but moved to Colorado at the age of eight. After graduating from the University of Colorado with a BS in Sociology, she worked for over 20 years in Promotions at various radio and television stations in Denver. After retiring she has volunteered with the Boulder County Sheriff's Office as a Victim Advocate for 10 years, is still volunteering with BCSO in their Training Office, and has also volunteered with the Dive Pirates, a program which takes adaptive divers on SCUBA diving trips. Becky has been a volunteer with EXPAND since June 2009.

Ben Domeier, Jet-ski Driver, Starter & Rescue



Hello! My name is Ben Domeier and I did my internship with EXPAND years ago and work part-time for the city and various places. I attended Minnesota State University Mankato. I truly enjoy the outdoors and love being able to help people out. Some of my favorite activities to do in my free time include hiking, fishing, hunting, snowboarding, and road biking. I am really looking forward to being involved in the water ski program and seeing the smiles on all the participants' faces.

Katy Schwab, Starter & Rescue



My name is Katy Schwab and I have been volunteering for the EXPAND program for kids for 4 years. I work lake patrol at the reservoir and do some lifeguarding. I want to volunteer for the adaptive ski program because I have come to watch it many times with my dad and I have always wanted to get more involved. I have always had a passion for helping others. I want to make sure that everyone has the opportunity to have a great time out at the reservoir no matter his or her physical abilities!

Mia Schwab, Starter & Rescue



I have been volunteering with EXPAND since I was 11 years old and have always enjoyed it! I have been a part of the kids' sports program, Friday night fun, and Camp Amico. Ever since I was a baby, I have been going to the Boulder reservoir and spending many of my summer days there. I am now a lifeguard at the reservoir as well. I love water and all the fun that comes with it!

Mike Frailey, Equipment Set-up, Quick Release & Jet-Ski Driver



Mike grew up in Michigan learning to waterski and operate a boat at an early age. He received his BSME and worked for Dodge truck, which brought him to Colorado on multiple vehicle development trips. He was inspired by the mountains, lifestyle and generous amounts of sun and moved to Boulder in 1997 with his 1982 Master craft in tow. He volunteered with EXPAND for 5 years in the late 1990s into the early 2000s. Now inspired by his own son with special needs and work-from-home flexibility, Mike is looking forward to sharing his love of the water and years of water sports experience with the EXPAND Beyond volunteers and program participants alike.

Matt Feeney, Board Member, Instructor, & Land Buddy



After sustaining an unforeseen injury and becoming a paraplegic at the age of 25, Matt returned to work in the financial industry in Denver but soon longed for a more active and fulfilling lifestyle. In 1991, Matt moved to the mountains to pursue his love of skiing and was hired by the NSCD (National Sports Center for the Disabled) in Winter Park to run the sit-ski program, becoming the first person with a disability to hold such a position in the U.S. In his 10 years with the NSCD he not only saw the program more than triple in size but he also saw first-hand how participation in outdoor sports benefited the participants and in some cases was life-changing. It was also during this time that Matt discovered a love for other sports including water-skiing, hand cycling and mountain biking. This love of outdoor sports led Matt to recognize that there was a need in the adaptive sports world for a program that focused on the social aspects of sports in unique settings and provided information about all sports programs for people with disabilities around the county and Adaptive Adventures was born. Matt brings his extensive knowledge in adaptive sports and recreation to the board of Expand Beyond and enhances the lives of others who face similar challenges.

Shelby Panter, Starter & Rescue



Shelby is originally from Florida, has always loved being out on the water. She has a background as a Division 1 collegiate swimmer, beach rescue lifeguard and swim coach. After graduating from University of North Florida with an MS in Exercise Physiology and Chronic Disease, she moved to Colorado in 2019 to live the mountain lifestyle—skiing, snowboarding, hiking 14ers, camping, etc. Her full-time job is a Professional Research Assistant at the University of Colorado Anschutz, and her dream is to create exercise programs for clinical populations. This will be her first summer as an EXPAND volunteer and is thrilled to get to be a part of the program!

Sherri Brown, Quick Release, Equipment Set-up



Sherri worked for EXPAND as a Therapeutic Program Coordinator for 25+ years and retired in 2020. She has been boating for 25 years and her love for sports and the water continues on, as well as her passion for the EXPAND Program. Sherri is always willing to help and will jump in whenever and wherever needed.

Brenn Anderson-Gregson, Starter & Rescue



Brenn is a Boulder native and loves all things outdoors, especially climbing, skiing, and outdoor beer. He currently works as a data analyst for a non-profit in Denver coordinating homeless services in the region. Brenn has been volunteering with EXPAND since 2013 and can't wait to get back out on the water.

Steve Luiting, Equipment Set-up



I was originally a native of Wisconsin and lived on the beach every Summer and I love the water. I have been doing work in Web Design for over 20 years with ten years working with both WordPress and Joomla content management systems. I am an artist and graphic designer as well. Since my wife, who helps run this program asked me to volunteer, how could I say no? Also, I acquired a Mild Traumatic Brain Injury in 2003 and know how instrumental these types of programs were in helping me to recover and I will always be grateful.

Cody Powell, Jet-ski Driver



I have been a lake lover all my life, I have owned boats on and off since the 80's. We got really serious in 2017 with our first "surf" boat. We have been to lake powell every year since! When my son became a Paraplegic, we never slowed down, we just included him. We have used the adaptive wake board on our own, so this is something we have experience with. I love to give back when I can, and this is a great opportunity to do so. I am excited about the opportunity.

Avery Vearil, Starter & Rescue



I am volunteering this summer because I have extra time over the summer and I want to give back to my community. I also love to hang out in the water. My water experience includes swim lessons, pre swim team, and just hanging out in the water during the summer. I am very excited to volunteer this summer and cannot wait to learn more.

Alexa Cataldo, Starter & Rescue, Quick Release



I worked with EXPAND summer programs after college and am so excited to get involved again. The EXPAND program offers so many opportunities for people of all abilities to be an active part of their community and I love the mission plus all of the amazing people that are a part of the program. I have lived in Boulder for over 15 years and love taking advantage of all Colorado has to offer. I love paddle boarding, kayaking, and am learning to love rafting (I think). I grew up waterskiing and wakeboarding on the east coast and I am excited to get back on the water this summer to help people reach their waterskiing goals.

Ben & Jenny Wood, Boat Driver, Quick Release, Starter & Rescue



Ben grew up in CA and brought his love of the water with him to CO after marrying Jenny and moving back to her hometown when she was pregnant with their firstborn. Bill Schwab introduced the Wood family to the joy of surfing the Rez and we have never looked back. When we are not surfing CO you will likely find us surfing the waves of Costa Rica! Our family is grateful to the EXPAND community for welcoming us with open arms. This program is amazing and we are so excited to be able to experience it together.

Chance Wood, Starter & Rescue



I have grown up surfing in Costa Rica and on the Boulder Rez. I enjoy spending my summer days on the water with friends and family. The EXPAND program is a highlight of my summer, being able to share the joy of the Rez with everyone is a great feeling. I am excited to be back and look forward to a great season together.

Dash Wood, Jet-ski Driver, Starter & Rescue



I have always loved being around water. I have grown up surfing on vacation and wake surfing at the Rez. Volunteering with EXPAND has been a fantastic experience and something I truly look forward to.

Sante Wood, Starter & Rescue



My love of the water began when my dad introduced me to surfing as a kid. I have grown up surfing the Rez and love seeing people experience surfing for the first time. The EXPAND program is an incredible opportunity to share the experience with others. I am excited to be a part of the program again this season.

Lucia Wood, Starter & Rescue



I have grown up wakeboarding on the Boulder Rez and love spending my summer on the water. I appreciate being given the opportunity to volunteer with Expand and share my love of the sport.

Pat Gill, Jet-ski Driver



I grew up in Boulder and I am a water sign so the Rez was a happy hangout. I began snow skiing at age 3 and was lucky to have friends with a boat and started water skiing as a teen right here in land locked Boulder. Later in life I bought my own boat and became a boat driver for EXPAND in the late 90's and now I am back as a Sea Doo driver. I have had a good life and I am lucky to have been so active. It is a pleasure to help and see others enjoy the water who might not ever have the opportunity.

Jake Stockdale, Jet-ski Driver



I've been around water for as long as I can remember. Growing up I spent countless days on the water: sailing, wakeboarding, surfing, fishing, and diving. I love being on the water and feel that it is something everyone should experience. I wanted to volunteer with EXPAND so that I could help others find and feel the same joy on the water that I do.

Mary Friedman, Starter & Rescue



I was previously an intern for the City of Boulder's EXPAND Program in the Summer of 2016. After interning and graduating with my bachelor's degree in Therapeutic Recreation, I worked with the aging population, children and adults with cognitive and developmental disabilities, and most recently in acute mental health. I recently obtained my master's degree in social work from Colorado State University. I currently work for Fire Rescue. I have so many fond memories interning for the Water Ski program and am excited to be a part of such an amazing organization.

Ali Everingham, Intern



Ali, Boulder Parks and Recreation's EXPAND summer intern is originally from Livonia, Michigan and attended Central Michigan University for undergrad to study a BS in therapeutic recreation and leadership. Ali believes that every individual has a right to both recreation and leisure, and she loves being able to help others find their passions through fun activities. Being someone who was born and raised in the Great Lakes State, Ali has spent lots of time around the water and boating while growing up; she can't wait to learn more about adaptive skiing and assist others in discovering their potential, regardless of ability.

Sonya Schroeder, Intern



Hello! My name is Sonya Schroeder, and I am one of the new EXPAND interns. I'm very excited to be in Colorado, especially in the boulder community. I love to be outdoors whether that's on a nature walk, biking, kayaking, water skiing, or simply looking at the stars. I have an awesome pug named Mabel who is currently staying with my parents in Minnesota. In my free time (if I'm not outdoors) I'm coloring, wood burning, or watching a movie. I attend the University of Wisconsin La-Crosse and have a major in Therapeutic Recreation and an emphasis in Gerontology. Please feel free to reach out to me with questions or any awesome sight seeing I should do!

Darrell Daley, Boat Driver



Lianne Daley, Quick Release

